Red Oak Community School District Elementary Breakfast Menu Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Strawberry Cream Cheese Filled Bagel	Mini-Cinnis	Banana Chocolate Loaf Cheese Stick	Mini Pancakes	Cocoa Puffs Cereal Bar
Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk
10	(1)	12	13 Military W-60	14)
French Toast Loaf Cheese Stick	Cherry Frudel Cheese Stick	Blueberry Loaf Cheese Stick	Mini Eggo Waffles Fresh Fruit	Strawberry Cream Cheese Filled Bagel
Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	1% Milk	Fresh Fruit 1% Milk
17)	18	19	20	21
Cocoa Puffs Cereal Bar	Strawberry Banana Yogurt Graham Crackers	Banana Chocolate Loaf Cheese Stick	Mini Eggo Waffles	Cinnamon Cream Cheese Filled Bagel
Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk	Fresh Fruit 1% Milk
24 Blueberry Loaf	25 Mini-Cinnis	26 Froot Loops Jump Start	27) HAVE A GREAT SUMMER!!!	28
Cheese Stick	Fresh Fruit	Fresh Fruit		
Fresh Fruit 1% Milk	1% Milk	1% Milk LAST DAY OF SCHOOL!		
31)			Thought	Grains Protein Trust Vegetables Trust Trus
				Choose MyPlate.go

Regu Redu Adult Milk

 Regular PK-12
 \$1.80

 Reduced
 \$0.30

 Adult
 \$2.10

 Milk
 \$0.50

Milk choice of 1% White, Skim or Chocolate Skim

is included with lunch.
Entrée Salads are served with Dinner Roll
For questions or comments, contact
Dana at 712-623-8351 or email
lenschd@roschools.org



Your MENUS plus more information on our app Taher Food4Life®

